

In an emergency contact 000

National Sexual Assault, Domestic Family Violence Counselling Service	1800 RESPECT (1800 737 732) www.1800respect.org.au
Lifeline	13 11 14 www.lifeline.org.au
MensLine	1300 789 978 www.mensline.org.au
Kids Helpline	1800 551 800 www.kidshelpline.com.au
Relationships Australia	1300 364 277 www.relationships.org.au
QLife	1800 184 527 www.qlife.org
National Disability Abuse Hotline	1800 880 052 www.jobaccess.gov.au/complaints/hotline

NSW	Domestic Violence Line	1800 656 463
	NRS (Hearing impaired)	133 677
	Rape Crisis Service	1800 424 017

VIC	Safe steps Family Violence	1800 015 188
	Sexual Assault Crisis Line	1800 806 292
	Men's Referral Service	1300 766 491

QLD	DVConnect Womensline	1800 811 811
	DVConnect Mensline	1800 600 636
	Sexual Assault Helpline	1800 010 120

WA	Women's DV Helpline	1800 007 339
	Crisis Care	1800 199 008
	Sexual Assault Centre	1800 199 888
	Men's Helpline	1800 000 599

SA	DV Crisis Line	1800 800 098
	Sexual Assault Service	1800 817 421

TAS	Family Violence Counselling Service	1800 608 122
	Family Violence Response & Referral	1800 633 937
	Sexual Assault Support Service	1800 697 877

ACT	DVCrisis Service	02 6280 0900
	Rape Crisis Centre	02 6247 2525
	Canberra Men's Centre	02 6230 6999

NT	NT Crisis Line	1800 019 116
	Sexual Assault Referral Centre	08 8922 6472

NSW

Legal Aid NSW 1300 888 529
www.legalaid.nsw.gov.au

Law Society 02 9926 0333
www.lawsociety.com.au/contact-us

QLD

Legal Aid QLD 1300 651 188
www.legalaid.qld.gov.au

Law Society 07 3842 5888
www.qls.com.au/home/contact_us

SA

Legal Services Commission 1300 366 424
www.lsc.sa.gov.au

Law Society 08 8229 0200
www.lawsocietysa.asn.au/

ACT

Legal Aid ACT 1300 654 314
www.legalaidact.org.au

Law society 02 6247 0300
www.actlawsociety.asn.au/contactus

VIC

Victoria Legal Aid 1300 792 387
www.legalaid.vic.gov.au

Community Legal Service 03 9741 0198
www.fclc.org.au/

WA

Legal Aid WA 1300 650 579
www.legalaid.wa.gov.au

Law Society 08 9324 8600
www.lawsocietywa.asn.au/

TAS

Legal Aid Commission of Tasmania 1300 366 611
www.legalaid.tas.gov.au

Law Society 03 6234 4133
www.lst.org.au/

NT

NT Legal Aid Commission 1800 019 343
www.legalaid.nt.gov.au

Law Society 08 8981 5104
www.lawsocietynt.asn.au/

Applications

There are many apps for mobile phones that are made to keep people safer. Some have information on healthy relationships, others can link you to support services.

DAISY Daisy is 1800Respect's app for women experiencing domestic abuse to connect them with local support

Download here
App Store for iOS
Google Play for Android phones



SUNNY Sunny is 1800Respect's app for women with disability who have experience violence and abuse

Download here
App Store for iOS
Google Play for Android phones



HELP ME Help me is designed to help anyone (including children) increase their safety.

Download here
App Store for iOS
Google Play for Android phones



PENDA PENDA provides national safety, financial and legal information and referrals to support women with financial independence.

Download here
App Store for iOS
Google Play for Android phones

